

What will my child learn in Physical Education

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 7	<p>Knowledge is being able to replicate or demonstrate these in our learning</p> <p>Understanding is applying our learning across a range of different activities</p> <p>Meaning is how we can take our learning and use it to build a healthy active lifestyle</p> <p>My Movement Skills and Techniques in a range of activities</p> <p>My Knowledge Rules and Regulations in a range of activities</p> <p>My Mentality Confidence in my performance</p> <p>My Behaviours Communication: speak clearly and listen to others</p>	<p>Understanding is applying our learning across a range of different activities</p> <p>Meaning is how we can take our learning and use it to build a healthy active lifestyle</p> <p>My Knowledge Being Reflective: recognise strengths, weaknesses, and know how to improve</p> <p>My Mentality Empathy by showing patience and supporting others</p> <p>My Behaviours Different Leadership styles</p>	<p>The students will study several physical activities on a carousel (8 lessons) to study my movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Indoor games Gymnastics Outdoor games Fitness Problem solving/ Out Ed 	<p>The summer has a new carousel of activities for 8 lessons to study my movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Net games Striking and fielding Athletics 		
Year 8	<p>Knowledge is being able to replicate or demonstrate these in our learning</p> <p>Understanding is applying our learning across a range of different activities</p> <p>Meaning is how we can take our learning and use it to build a healthy active lifestyle</p> <p>My Movement Skills and Techniques in a range of activities</p> <p>My Knowledge Rules and Regulations in a range of activities</p> <p>My Mentality Confidence in my performance</p> <p>My Behaviours Communication: speak clearly and listen to others</p>	<p>Understanding is applying our learning across a range of different activities</p> <p>Meaning is how we can take our learning and use it to build a healthy active lifestyle</p> <p>My Knowledge Being Reflective: recognise strengths, weaknesses, and know how to improve</p> <p>My Mentality Empathy by showing patience and supporting others</p> <p>My Behaviours Different Leadership styles</p>	<p>The students will revisit and study several physical activities on a carousel (8 lessons) to study my movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Indoor games Gymnastics Outdoor games Fitness Problem solving/ Out Ed 	<p>The summer has a new carousel of activities for 8 lessons to study my movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Net games Striking and fielding Athletics 		
Year 9	<p>Knowledge is being able to replicate or demonstrate these in our learning</p> <p>Understanding is applying our learning across a range of different activities</p> <p>Meaning is how we can take our learning and use it to build a healthy active lifestyle</p> <p>My Movement Skills and Techniques in a range of activities</p> <p>My Knowledge Rules and Regulations in a range of activities</p> <p>My Mentality Confidence in my performance</p> <p>My Behaviours Communication: speak clearly and listen to others</p>	<p>Understanding is applying our learning across a range of different activities</p> <p>Meaning is how we can take our learning and use it to build a healthy active lifestyle</p> <p>My Knowledge Being Reflective: recognise strengths, weaknesses, and know how to improve</p> <p>My Mentality Empathy by showing patience and supporting others</p> <p>My Behaviours Different Leadership styles</p>	<p>The students will revisit and study several physical activities on a carousel (8 lessons) to study my movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Indoor games Outdoor games Fitness Problem solving/ Out Ed 	<p>The summer has a new carousel of activities for 8 lessons to study my movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Net games Striking and fielding Athletics 		

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Year 10	<p>Knowledge is being able to replicate or demonstrate these in our learning</p> <p>Understanding is applying our learning across a range of different activities</p> <p>Meaning is how we can take our learning and use it to build a healthy active lifestyle</p> <p>My Movement Use Skills and Techniques to participate in a range of physical activities Apply Tactics and Strategies in order to perform successfully Show effective Decision Making</p> <p>My Knowledge Apply Rules and Regulations in a range of activities to participate fairly with peers Understand the Benefits of Physical Activity Take part in a Range of Experiences so I know what activities I enjoy and why</p> <p>My Mentality Show the Self-belief in order to participate in a range of activities Explain how being active improves my well being Show I am motivated to take part</p> <p>My Behaviours Show Leadership by organising and lead others effectively Demonstrate Sportsmanship by playing with integrity and humility, win or lose Communicate effectively with others in various ways</p>		<p>We allow the students to make a preference of their working group to study My movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Competitive me Recreational me Wellbeing me Fitness me <p>Facilities and staff share preferences every few lessons.</p>		<p>The students stay in their working group to study My movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Competitive me Recreational me Wellbeing me Fitness me <p>Facilities and staff share preferences every few lessons with new season activities.</p>	
Year 11	<p>Knowledge is being able to replicate or demonstrate these in our learning</p> <p>Understanding is applying our learning across a range of different activities</p> <p>Meaning is how we can take our learning and use it to build a healthy active lifestyle</p> <p>My Movement Use Skills and Techniques to participate in a range of physical activities Apply Tactics and Strategies in order to perform successfully Show effective Decision Making</p> <p>My Knowledge Apply Rules and Regulations in a range of activities to participate fairly with peers Understand the Benefits of Physical Activity Take part in a Range of Experiences so I know what activities I enjoy and why</p> <p>My Mentality Show the Self-belief in order to participate in a range of activities Explain how being active improves my well being Show I am motivated to take part</p> <p>My Behaviours Show Leadership by organising and lead others effectively Demonstrate Sportsmanship by playing with integrity and humility, win or lose Communicate effectively with others in various ways</p>		<p>We allow the students to make a preference of their working group to study My movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Competitive me Recreational me Wellbeing me Fitness me <p>Facilities and staff share preferences every few lessons.</p>		<p>The students stay in their working group to study My movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Competitive me Recreational me Wellbeing me Fitness me <p>Facilities and staff share preferences every few lessons with new season activities.</p>	