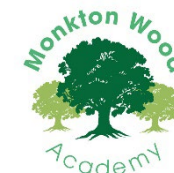





Curriculum Overview |





What will my child learn in Physical Education

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 7	 <p>Knowledge is being able to replicate or demonstrate these in our learning</p> <p>Understanding is applying our learning across a range of different activities</p> <p>Meaning is how we can take our learning and use it to build a healthy active lifestyle</p> <p>My Movement</p> <p>Skills and Techniques in a range of activities</p> <p>Tactics and Strategies in order to perform successfully</p> <p>Effective Decision Making</p> <p>My Knowledge</p> <p>Rules and Regulations in a range of activities</p> <p>Being Reflective, recognise strengths, weaknesses, and know how to improve</p> <p>The Benefits of Being Physically Active on wellbeing</p> <p>My Mentality</p> <p>Confidence in my performance</p> <p>Empathy by showing patience and supporting others</p> <p>Resilience by reacting positively to failure</p> <p>My Behaviours</p> <p>Communication, speak clearly and listen to others</p> <p>Different Leadership styles</p> <p>How to Work Effectively with Others</p>		<p>The students will study several physical activities on a carousel (8 lessons) to study my movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Indoor games Gymnastics Outdoor games Fitness Problem solving/ Out Ed 		<p>The summer has a new carousel of activities for 8 lessons to study my movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Net games Striking and fielding Athletics 	
Year 8	 <p>Knowledge is being able to replicate or demonstrate these in our learning</p> <p>Understanding is applying our learning across a range of different activities</p> <p>Meaning is how we can take our learning and use it to build a healthy active lifestyle</p> <p>My Movement</p> <p>Skills and Techniques in a range of activities</p> <p>Tactics and Strategies in order to perform successfully</p> <p>Effective Decision Making</p> <p>My Knowledge</p> <p>Rules and Regulations in a range of activities</p> <p>Being Reflective, recognise strengths, weaknesses, and know how to improve</p> <p>The Benefits of Being Physically Active on wellbeing</p> <p>My Mentality</p> <p>Confidence in my performance</p> <p>Empathy by showing patience and supporting others</p> <p>Resilience by reacting positively to failure</p> <p>My Behaviours</p> <p>Communication, speak clearly and listen to others</p> <p>Different Leadership styles</p> <p>How to Work Effectively with Others</p>		<p>The students will revisit and study several physical activities on a carousel (8 lessons) to study my movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Indoor games Gymnastics Outdoor games Fitness Problem solving/ Out Ed 		<p>The summer has a new carousel of activities for 8 lessons to study my movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Net games Striking and fielding Athletics 	
Year 9	 <p>Knowledge is being able to replicate or demonstrate these in our learning</p> <p>Understanding is applying our learning across a range of different activities</p> <p>Meaning is how we can take our learning and use it to build a healthy active lifestyle</p> <p>My Movement</p> <p>Skills and Techniques in a range of activities</p> <p>Tactics and Strategies in order to perform successfully</p> <p>Effective Decision Making</p> <p>My Knowledge</p> <p>Rules and Regulations in a range of activities</p> <p>Being Reflective, recognise strengths, weaknesses, and know how to improve</p> <p>The Benefits of Being Physically Active on wellbeing</p> <p>My Mentality</p> <p>Confidence in my performance</p> <p>Empathy by showing patience and supporting others</p> <p>Resilience by reacting positively to failure</p> <p>My Behaviours</p> <p>Communication, speak clearly and listen to others</p> <p>Different Leadership styles</p> <p>How to Work Effectively with Others</p>		<p>The students will revisit and study several physical activities on a carousel (8 lessons) to study my movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Indoor games Outdoor games Fitness Problem solving/ Out Ed 		<p>The summer has a new carousel of activities for 8 lessons to study my movement, my knowledge, my mentality and my behaviours.</p> <ul style="list-style-type: none"> Net games Striking and fielding Athletics 	

Curriculum Overview |



What will my child learn in Physical Education

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 10	<div><div><p>CLF SPORT</p></div><div><p>Knowledge is being able to replicate or demonstrate these in our learning</p></div><div><p>Understanding is applying our learning across a range of different activities</p></div><div><p>Meaning is how we can take our learning and use it to build a healthy active lifestyle</p></div></div> <div><div><p>My Movement</p><p>Use Skills and techniques to participate in a range of physical activities</p><p>Apply tactics and Strategies in order to perform successfully</p><p>Show effective Decision Making</p></div><div><p>My Knowledge</p><p>Apply Rules and Regulations in a range of activities to participate fairly with peers</p><p>Understand the Benefits of Physical Activity</p><p>Take part in a Range of Experiences so I know what activities I enjoy and why</p></div><div><p>My Mentality</p><p>Show the Self-belief in order to participate in a range of activities</p><p>Explain how being active improves my well being</p><p>Show I am motivated to take part</p></div><div><p>My Behaviours</p><p>Show Leadership by organising and lead others effectively</p><p>Demonstrate Sportsmanship by playing with integrity and humility, win or lose</p><p>Communicate effectively with others in various ways</p></div><div><p>KS4 PE Core Characteristics</p><p>In order to lead a healthy active lifestyle I can...</p></div></div>	We allow the students to make a preference of their working group to study My movement, my knowledge, my mentality and my behaviours.	The students stay in their working group to study My movement, my knowledge, my mentality and my behaviours.			
Year 11	<div><div><p>CLF SPORT</p></div><div><p>Knowledge is being able to replicate or demonstrate these in our learning</p></div><div><p>Understanding is applying our learning across a range of different activities</p></div><div><p>Meaning is how we can take our learning and use it to build a healthy active lifestyle</p></div></div> <div><div><p>My Movement</p><p>Use Skills and techniques to participate in a range of physical activities</p><p>Apply tactics and Strategies in order to perform successfully</p><p>Show effective Decision Making</p></div><div><p>My Knowledge</p><p>Apply Rules and Regulations in a range of activities to participate fairly with peers</p><p>Understand the Benefits of Physical Activity</p><p>Take part in a Range of Experiences so I know what activities I enjoy and why</p></div><div><p>My Mentality</p><p>Show the Self-belief in order to participate in a range of activities</p><p>Explain how being active improves my well being</p><p>Show I am motivated to take part</p></div><div><p>My Behaviours</p><p>Show Leadership by organising and lead others effectively</p><p>Demonstrate Sportsmanship by playing with integrity and humility, win or lose</p><p>Communicate effectively with others in various ways</p></div><div><p>KS4 PE Core Characteristics</p><p>In order to lead a healthy active lifestyle I can...</p></div></div>	We allow the students to make a preference of their working group to study My movement, my knowledge, my mentality and my behaviours.	The students stay in their working group to study My movement, my knowledge, my mentality and my behaviours.			