

What will my child learn in PSHE

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 7	What is PSHE? Getting to Know People What is a Community? Careers and Your Future Sleep and Relaxation Financial Education Transition Points in Your Life	Introduction to Puberty Girls Puberty & Periods (Double Lesson) Boys Puberty Personal Hygiene Growing Up Self-Esteem Tooth Decay & Dental Health	Consent and Boundaries Respect and Relationships What Makes a Good Friend? Friendships & Online Relationships Being Positive Pressure, Influence and Friends What Does it Mean to be a Man Today?	Avoiding Gangs & Criminal Behaviour Staying Safe Online Online Gaming, Grooming & Addiction Alcohol and Risk Nicotine and Smoking E-Cigs, Vaping and Shisha Energy Drinks and Caffeine Knife Crime and Safety	What is your Identity? Multicultural Britain Importance of Being Kind Breaking Down Stereotypes Learning Disabilities Prejudice and Discrimination Challenging Islamophobia	Why is Politics Important? How is our Country Run? The Role of the Prime Minister The Monarchy and King Charles III Politics, Debates and Parliament Elections and Campaigning Creating a Political Party
Year 8	Employability & Enterprise Skills Proud to be Me Careers and Aspirations Self-Esteem and the Media The Importance of Happiness What Makes Me Angry? Exploring Careers	Health and Wellbeing What is Mental Health? Positive Body Image Child Abuse Types of Bullying Healthy Eating and Cholesterol Stress Management	Relationships and Sex Education Being Yourself & Self-Love Healthy Respectful Relationships What is Love? Dealing with Conflict Periods and Menstrual Cycle Introduction to Contraception Sexual Orientation	County Lines – What is It? County Lines – Who is at Risk? Substance Misuse Cyberbullying Online Grooming Alcohol Safety Child Exploitation & Online Protection	Equality Act 2010 LGBTQ+ What is it? LGBTQ+ Rights Across the World Gender Equality Ableism and Disability Discrimination Removing the Barriers, Equality for All Racism & Discrimination in Society	Desert Island - Living Desert Island - Building a Community Desert Island – Making Decisions Desert Island - Criminals Law & Society How are Laws Made? Prisons, Reform & Punishment

Year 9	From Failure to Success Assertiveness First Aid Saving and Managing Money Labour Market Information Finance, Budgeting and Employment Social Media & Online Stress	How Self-Esteem Changes What is a Penis? What is a Vulva? Bullying in all its forms Dealing with Grief and Loss Media and Airbrushing Cancer Prevention and Healthy Lifestyles	Sexual Consent and the Law FGM and the Law Relationships and Partners Domestic Abuse and Domestic Violence Why Have Sex? Delaying Sexual Activity Sexual Harassment and Stalking	What is a Drug? Different Types of Addictions Cannabis Products Drug Classifications Party Drugs & Illegal Drugs The War on Drugs Volatile Substance Abuse	What are STIs? Treating STIs and the Clinic Contraception Explored Contraception - Condoms Contraception Explored Further HIV and AIDS HIV and AIDS Prejudice and Discrimination	Conspiracies Theories & Narratives Forms of Extremism What is Terrorism? War & Conflict The Radicalisation Process How Does Counter Terrorism Work? Antisemitism in the UK
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Curriculum Overview |



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Year 10 Tutor Time	Child Sexual Abuse Screen Time Mental Health Illnesses Self-Harm Suicidal (Thoughts and Feelings) Promoting Emotional Wellbeing		Critical Thinking & Fake News Hate Crime in the UK British Values and Identity Mutual Respect & Tolerance Individual Liberty What are Human Rights? Democracy Explored		Instagram & TikTok Generation Targeted Advertising and Your Data What is Marriage? Rights and Responsibilities Consumer Rights Employment Rights Exploring a Pay Check	
Year 10 PSHE Lesson	Honour Based Violence Forced Marriages and Breast Ironing Online Gaming & Gambling Social Media Validation Modern-Day Slavery Keeping Your Data Safe Causes of Knife Crime		Pleasure and Delaying Sexual Activity Campaigning Against FGM Sexting, Nudes and Dick Pics Online Pornography (Myths vs Reality) Porn and its Impact on Society Unhealthy Relationships & Sexual Assault Sexualisation of the Media		International Organisations Peace, War & Conflict Human Rights During War Aid & Supporting Other Countries Striking & Trade Unionism Women's Rights & Equality Fair Trade & Free Trade	
Year 11 Tutor Time	Screen Addiction and Studying Post 16 Options Exam Stress and Anxiety Social Media Vs Real Life CV Writing Writing a Personal Statement		Virtual Reality and Live Streaming Online Reputation and Digital Footprints Group Chats & Anti-Bullying Cosmetic & Aesthetic Procedures New Psychoactive Substances Festivals and Nitrous Oxide Substance Addiction		Preparation for GCSE Exams	

Year 11 PSHE Lesson	Organ and Blood Donation Teenage Pregnancy Choices Abortion Law, Morals and Ethics) Parenthood for Teenagers Testicular and Prostate Cancer Breast Cancer, Cervical Cancer & Screening Love & Abuse	Peer-on-Peer Abuse Fertility and What Impacts it Alcohol, Parties & Bad Choices Importance of Sexual Health Revisiting STIs Revisiting Contraception Respect, Love and Relationships	Preparation for GCSE Exams
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